

COVID-19 Preparedness & Response Plan

Phase 3

Pioneer Memorial Church

Summary

The Pioneer Memorial Church Safety Committee has reviewed guidelines set forth by state, federal, and Church officials related to the reentry and use of the Pioneer church facility during the COVID-19 pandemic. The following information is an update to Phase 2 of its Preparedness and Response Plan and is intended to be implemented as Phase 3 of this multi-phase reentry approach. It is effective July 11, 2020 through the commencement of Phase 4, and is anticipated to last 3 weeks.

The following items serve as recommendations to be implemented during Phase 3:

- Pioneer encourages the practice of frequent and proper hand hygiene for all who enter the facility (*see Figure 1*).
- A self-screening survey should be used for assessment prior to entry into the facility (*see Reference 1*).
- Anyone accessing the building must wear a protective face covering per CDC guidelines¹ (*see Figure 2 for proper use*) when in common areas or in the presence of others and maintain 6 feet of physical separation (social distance²) where ever possible.
- Time inside as well as movement about the building should be minimized as much as possible.
- Meetings will continue to be held remotely when possible.
- Fellowship dinners and other potluck meals are suspended until further notice.

Sabbath Church Services

Pioneer welcomes worshipers during Phase 3 into the Sanctuary once again and will take reasonable precautions. It is important to understand that attending in person is a personal choice and may heighten the chance of exposure to COVID-19. With that choice comes a personal responsibility that we ask each worshiper understand.

- A self-screening survey should be used for assessment prior to entry into the facility (*see Reference 1*).
- Worshipers may enter the church through the main parking lot (awning) entrance, as well as the south entrance at the rear of the Sanctuary (Campus Circle Drive side). Other entrances will remain closed. Those needing additional time entering the building should enter through the parking lot entrance.
- All Sabbath School rooms including the Youth Chapel and Teen Loft, as well as some hallways, will remain closed to general access. Sabbath School classes will continue to meet digitally or in smaller home groups.

- Greeters and other service-oriented volunteers will be provided Personal Protective Equipment (PPE) and provide hand sanitizer on entry to the facility.
- To promote physical distancing worshipers will be asked to sit as family groups and leave every other row empty. Rows available for seating will be marked “Reserved”.
- To promote better air flow in the Sanctuary, Pioneer will utilize the exhaust fans and open windows in the front section of the church.
- Since it is understood that COVID-19 can spread through air droplets, Pioneer will promote humming, rather than singing, during worship music.
- All hymnals and Bibles will be removed from pew racks. Members are encouraged to bring their personal Bibles or devices for reference.
- At the end of each service ushers will dismiss row by row. Worshipers are asked to not linger in common areas and take visiting outdoors.
- Between services pews and frequently touched surfaces will be disinfected. Pews blocked off in the first service will be opened for second service.
- All drinking fountains will be turned off and closed.
- Restrooms will remain open, but users are asked to use a hand towel to open the door when exiting. Restrooms will be sanitized in between services.
- Pioneer will continue to promote online giving but receive a loose offering at the end of each service.
- An online order of service will continue to serve as a digital “bulletin”. Weekly communications from the church will continue to be sent to all members.
- Pioneer will continue to livestream the 9:00 AM and 11:45 AM worship services.

Resources & References

1. Cloth Face Coverings (CDC)
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
2. Social Distancing Guidelines (CDC)
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

Reference 1: Facility Self-assessment Questionnaire

If you answer “Yes” to either of the following questions, you may not enter the Pioneer facility:

1. Have you had any of the following symptoms in the last 24 hours:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Yes

No

2. Have you been exposed to any individual in the last 14 days you suspect may, or has been confirmed to have, COVID-19?

Yes

No

Figure 1: Hand Hygiene

CLEAN HANDS ARE SAFER HANDS

FOLLOW THESE 4 STEPS TO MAKE SURE YOUR HANDS ARE SAFE



WET

Wet hands with clean, running water and apply soap.



LATHER

Rub hands together to lather soap. Don't forget the backs of your hands, between fingers, and under nails!



SCRUB

Scrub at least 20 seconds (hum "Happy Birthday" song twice).



RINSE

Rinse hands under clean, running water.



DRY

Dry hands using a clean towel.



Figure 2: Proper Use of a Disposable Respirator

How to Properly Put on and Take off a Disposable Respirator

WASH YOUR HANDS THOROUGHLY BEFORE PUTTING ON AND TAKING OFF THE RESPIRATOR.

If you have used a respirator before that fit you, use the same make, model and size.

Inspect the respirator for damage. If your respirator appears damaged, DO NOT USE IT. Replace it with a new one.

Do not allow facial hair, hair, jewelry, glasses, clothing, or anything else to prevent proper placement or come between your face and the respirator.

Follow the instructions that come with your respirator.¹

Putting On The Respirator



Position the respirator in your hands with the nose piece at your fingertips.



Cup the respirator in your hand allowing the headbands to hang below your hand. Hold the respirator under your chin with the nosepiece up.



The top strap (on single or double strap respirators) goes over and rests at the top back of your head. The bottom strap is positioned around the neck and below the ears. Do not crisscross straps.



Place your fingertips from both hands at the top of the metal nose clip (if present). Slide fingertips down both sides of the metal strip to mold the nose area to the shape of your nose.

Checking Your Seal²



Place both hands over the respirator, take a quick breath in to check whether the respirator seals tightly to the face.



Place both hands completely over the respirator and exhale. If you feel leakage, there is not a proper seal.



If air leaks around the nose, readjust the nosepiece as described. If air leaks at the mask edges, re-adjust the straps along the sides of your head until a proper seal is achieved.



If you cannot achieve a proper seal due to air leakage, ask for help or try a different size or model.

Removing Your Respirator



DO NOT TOUCH the front of the respirator! It may be contaminated!



Remove by pulling the bottom strap over back of head, followed by the top strap, without touching the respirator.



Discard in waste container. WASH YOUR HANDS!

Employers must comply with the OSHA Respiratory Protection Standard, 29 CFR 1910.134 if respirators are used by employees performing work-related duties.

¹ Manufacturer instructions for many NIOSH approved disposable respirators can be found at www.cdc.gov/niosh/nppl/topics/respirators/disp_part/

² According to the manufacturer's recommendations

For more information call 1-800-CDC-INFO or go to <http://www.cdc.gov/niosh/nppl/topics/respirators/>



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